

## Standard 2.A.4

### CMAS Introductory SCUBA Experience Training Programme

#### 1. Aim of the training programme

- 1.1 This training programme aims at providing interested persons with an introductory SCUBA diving experience, to a maximum depth of ten (10) meters under the direct supervision of a CMAS Instructor, whilst using air as a breathing gas, in a safe manner.

#### 2. Classification

- 2.1 The CMAS Introductory SCUBA Experience Training Programme is classified as an entry-level sport diver training programme that is commonly referred to as a “resort course”.

#### 3. Instructor and Assistant Requirements

- 3.1 The CMAS Introductory SCUBA Experience Training Programme may be presented by any CMAS Instructor with a minimum of a CMAS One Star Instructor grading that complies with the requirements as prescribed by **Clause 2.1.20 of the definitions in Chapter 1**.
- 3.2 The CMAS One Star Instructor may be assisted by a CMAS Dive Leader that complies with **Clause 2.1.21 of the definitions in Chapter 1**.

#### 4. Competencies of a certified CMAS Introductory SCUBA Experience Diver

- 4.1 A CMAS Introductory SCUBA Experience Diver shall be trained such that when assessed by a CMAS Instructor, he shall be deemed to have sufficient knowledge, skill and experience to participate in an open water introductory SCUBA dive.
- 4.2 A CMAS Introductory SCUBA Experience Diver may only dive under the direct supervision of a CMAS Instructor and is not qualified to procure air, equipment, or any other diving services.

#### 5. Prerequisites for participation in the training programme

- 5.1 In order to gain access to the CMAS Introductory SCUBA Experience Training Programme, the participant shall:
- 5.1.1 Be at least fourteen (14) years of age; there is no upper limit;
  - 5.1.2 Effectively demonstrate his basic watermanship ability by performing, to a CMAS Instructor, the prescribed physical conditioning and watermanship evaluation of the CMAS Federation or CDC;
  - 5.1.3 Complete the medical history/statement form required by the CMAS Federation or CDC prior to participating in any in-water activities; and
  - 5.1.4 Sign the appropriate form(s) as required by the CMAS Federation or CDC acknowledging and assuming the risks of SCUBA diving prior to participating in any in-water activities. Parental or legal guardian signature is required on the appropriate form(s) when the applicant is a minor.

**2.A.4.1**

## 6. Requirements for certification

6.1 In order to be certified as a CMAS Introductory SCUBA Experience Diver, the student shall:

- 6.1.1 Comply with all the prerequisites for participation in the training programme as prescribed by Clause 5 of this Standard;
- 6.1.2 Successfully complete the theoretical assessment as provided for in Clause 10.1 of this Standard;
- 6.1.3 Successfully complete the confined water assessment as provided for in Clause 10.2 of this Standard; and
- 6.1.4 Successfully complete one (1) open water training dive at depths between five (5) to ten (10) meters with a minimum underwater duration of fifteen (15) minutes, as provided for in Clause 10.3 of this Standard.

## 7. Required theoretical knowledge and diving skills

7.1 The participant shall receive tuition in the theoretical knowledge and diving skills as prescribed in **Syllabus 3.A.4 in Chapter 3.**

## 8. Theoretical training parameters

8.1 The CMAS Instructor shall conform to the standard theoretical training parameters as prescribed by **Clause 4.5 of Chapter 1.**

## 9. Practical training parameters

9.1 The CMAS Instructor shall conform to the standard practical training parameters as prescribed by **Clause 4.6 of Chapter 1** with the following exceptions:

- 9.1.1 The **maximum** number of students for confined and open water training is four (4) students per CMAS Instructor. Two (2) additional students per certified CMAS Dive Leader may be added up to a maximum of six (6) students per CMAS Instructor. Although additional CMAS Dive Leaders may be used, no additional students may be added to the responsibility of the individual CMAS Instructor. **These ratios are considered maximum and can be reduced by CMAS Federations and CDC's to suit the environmental conditions or other factors in their respective countries.**
- 9.1.2 During any introductory SCUBA dive, the CMAS Instructor may not engage in any other activities other than direct supervision. If other activities such as video or photography are conducted, then a separate certified assistant is to be used for such activities.

## 10. Assessment

### 10.1 **Knowledge**

10.1.1 The participant shall demonstrate to the CMAS Instructor knowledge of SCUBA diving by taking an oral or written examination. As the CMAS Introductory SCUBA Experience Diver is not recognised as a certified diver this examination shall test elementary theoretical knowledge and knowledge of SCUBA skills as prescribed in **Syllabus 3.A.4 in Chapter 3.**

### 10.2 **Confined water SCUBA skills**

10.2.1 The participant shall demonstrate to the CMAS Instructor his mastery of the confined water SCUBA skills, as prescribed in **Clause 2.1 of Syllabus 3.A.4 in Chapter 3**, during one or more of the confined water lessons.

## 10.3 Open water SCUBA skills

10.3.1 The participant shall be required to participate in one (1) introductory SCUBA dive.

## 11. Certification

11.1 Upon successful completion of the training programme the participant shall be awarded with a CMAS Introductory SCUBA Experience C-card.